



The Art of Music Practice

with Nigel Gavin & Sonia Wilson

- A practical 1 1/2h workshop for ukulele and other stringed instrument players 12 years and above. All levels of playing experience are welcome.
- Guitarist and multi-instrumentalist Nigel Gavin shares insights gained from 40 years as a professional musician.
- Co-hosted by singer, songwriter and ukulele teacher Sonia Wilson.
- UKE-centric FUNdamentals of music practice: games, scales, songs and strategies for building joyful and constructive musical habits on the ukulele and beyond.
- Practice makes Progress: embracing imperfection.
- Pathways to sustainable motivation: overcoming frustration, getting "unstuck" and setting achievable goals.

Where and When

Saturday 12 Oct 2024 - 9.00 to 10.30am ***PLEASE NOTE VENUE CHANGE***

FIORDLAND COMMUNITY HOUSE 21 LUXMORE DRIVE